

Welcome to 1,000 Things Before Kindergarten!

Dear Parents/Caregivers,

We are happy to present the 1,000 Things Before Kindergarten program!

Why is this program important?

Studies show that children who are read to from birth until Kindergarten are more prepared for school. The idea of 1,000 Things is to add the five basics of early childhood parenting. These basics are:

1. Maximize Love, Manage Stress
2. Talk, Sing, and Point
3. Count, Group, and Compare
4. Explore Through Movement and Play
5. Read and Discuss Stories.

This program is available to children from birth until the child enters Kindergarten. Just follow these simple steps:

1. **Register:** Sign up at either the Richardson or Brunswick Library and pick up the program materials at the library. You will receive a folder which will include suggestions of activities to complete with your child.
2. **Track Your Reading and Activities:** For each book read or activity completed simply color in one of the bubbles on your log.
3. **100-Book Milestones:** Each time you complete 100 Things, return your log to the library. You will be given a new reading log for your next 100 Things. For each 100 Things completed, you will receive a free book!
4. **1,000 Things:** You did it! Come celebrate at the library and receive a certificate for your achievement.

Remember, repetition is important! You can read the same book or do the same activity over and over again with your child. If you need more suggestions for books to read, ask us!