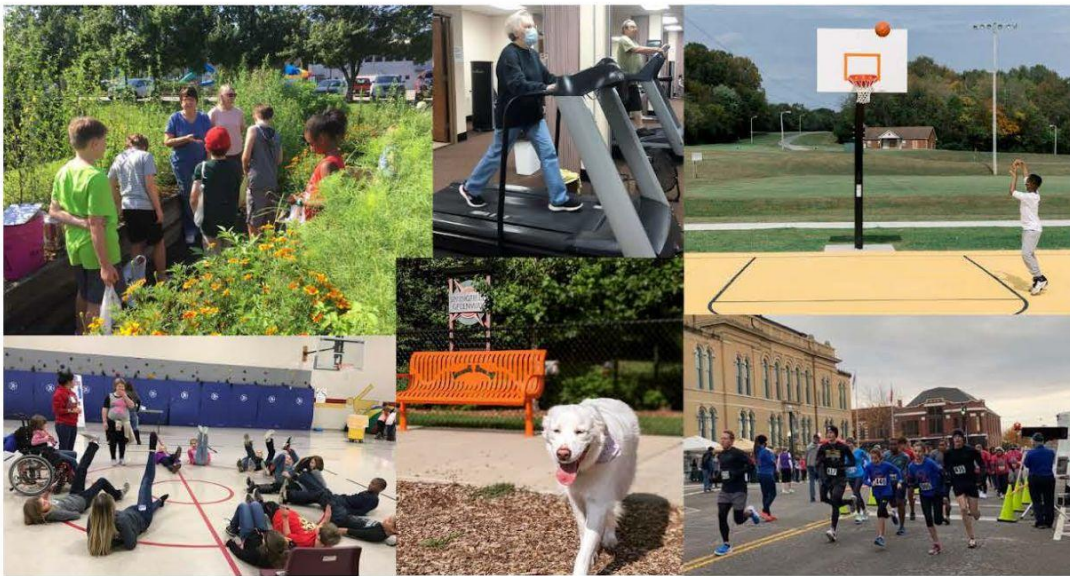


2023

ROBERTSON COUNTY

resource directory

The Robertson County Health Council is a body of professionals and private citizens dedicated to improving the general health and welfare of the citizens of Robertson County through comprehensive, collaborative efforts.



This directory is produced and maintained by the Robertson County Health Council. Review and revision takes place annually. Please visit our website for the most recent version: www.robertsoncountyhealthcouncil.com



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Animal Services

Greenbrier Animal Control

Address: 7451 Sugar Camp Drive, Greenbrier, TN 37073
Phone: 615-643-1003
Hours: 7:30 am-4:00 pm, Monday-Friday

Springfield Animal Control

Address: 507 Industrial Drive, Springfield, TN 37172
Phone: 615-384-9289
Hours: 8am-4:00pm, Monday-Friday

Robertson County Animal Control

Address: 2900 W. County Farm Road, Springfield, TN 37172
Phone: 615-384-5611
Hours: 10:00 am-4:00 pm, Monday-Friday

Children/Youth

Big Brothers Big Sisters of Middle Tennessee

Address: 800 MS Courts Blvd., Suite #1, Springfield, TN 37172
Phone: 615-329-9191
Website: www.mentorakid.org
Contact: Rebecca Dove, Director, rebecca.dove@mentorakid.org
Services: Mentoring children ages 6-16
Hours: 8:30 am – 5 pm M-F

Court Appointed Special Advocates (CASA)

Address: P. O. Box 967, Springfield, TN 37172
Phone: 615-382-5066
Email: casaofrobertsoncounty@gmail.com
Web: www.casaofrobco.com
Contact: Leah Blocker, Executive Director
Services: Provide trained advocates for abused/neglected children. These advocates are appointed through the Juvenile Court system.
Fees: none
Other: Advocates are trained volunteers.

Family Resource Center (will check and get back to us)

Address: 700 Bransford Drive, Springfield, TN 37172
Phone: 615-382-3609 or 615-289-6945
Contact: Teresa Leavitt, Supervisor of Student Services
Danielle Frazier, Family Resource Director
Jennifer Dusky, Social Worker/Family Liaison
Evelin Cabrera, Robertson County District Translator
Lisa Duncan, Assistant
Sarah Evans - McKinney Vento Liaison
Web: <http://www.rcstn.net/>
Services: Helping remove all barriers that interfere with education achievement by linking

students and families with necessary resources. The FRC also works to identify and assist homeless families in Robertson County.
Services available in English and Spanish.

Head Start/Early Head Start (Mid-Cumberland Community Action Agency)

Address: 700 Bransford Dr. & 807 Rose Hill Circle, Springfield, TN 37172
Phone: (615) 384-9863
Web: <https://www.mcheadstart.org/robertson-county/8-springfield-head-start.html>
Contact: Trish Boone, Area Manager: tboone@midcumberland.org
Lisa Cadwell, Family Service Advocate: lcadwell@midcumberland.org
Services: Mid-Cumberland C.A.A. Head Start serves children ages 6 weeks to five years in Robertson County. There are two different sites in Robertson County.
Fees: Income Based
Hours: 7:30 am-3:00 pm M-F

Morriss-Gregory Robertson County Child Advocacy Center

Address: 406 North Main Street, Springfield, TN 37172
Phone: 615-384-5885
Email: phyllis.smith@robertsoncac.org
Web: <https://morriss-gregory.wixsite.com/robertsoncac>
Contact: Phyllis Smith, Director
Services: Responses to all allegations of child sexual and physical abuse. Also, provides therapy, court preparations and victim advocacy services.
Fees: none
Hours: 8:30 am – 4:30 pm Monday – Friday

Nurture The Next

Address: 600 Hill Drive, Suite 202, Nashville, TN 37210
Phone: 615-383-0994
Email: pcat@pcat.org
Web: www.info@nurturethenext.org
Contact: Kristen Rector, Director
Services: Operates a 24-hour statewide domestic violence helpline 1-800-356-6767
24-hour statewide parent helpline 1-800-CHILDREN as well as the nurturing parenting program (listed under parenting).
Fees: None
Hours: Hotline 24/7 1-800-356-6767
Business hours: 8:30 AM – 4:30 PM M-F

Robertson County Juvenile Court

Address: 531 South Brown Street, Springfield, TN 37172
Phone: 615-384-8815
Email: rwilson@rccourts.com
Contact: Rebekah Slayton, Youth Services Director
Services: Court Services for juvenile offenders
Hours: 8:00 am – 4:30 pm Monday-Friday

Robertson County Schools

Address: 800 MS Courts Blvd., Springfield, TN 37172

Phone: 615-384-5588

Web: <http://www.rcstn.net/>

Shine Pediatric Therapy

Address: Springfield Office - 3933 Memorial Blvd Springfield, TN 37172

Hendersonville Office - 20 Executive Park Drive, Hendersonville, TN 37075

Phone: Springfield Office - 615-382-0500

Hendersonville Office - 615-994-8430

Web: <https://shinepediatrictherapy.com/>

Email: admin@shinepediatrictherapy.com

Services: Occupational Therapy, Physical Therapy, Speech Therapy, Feeding Therapy, Sports Injury and Concussion Rehab for ages birth to 21 years of age.

Service area: Robertson, Cheatham, Montgomery, Davidson, and Sumner

Fees: We are in network with all major insurance carriers including state Medicaid.

Hours: Monday 1-5pm; Tuesday-Friday 8am-5:30pm

TN Department of Children's Services

Address: 812 S. Brown St., Springfield, TN 37172

Phone: 615-382-2407

Web: www.tn.gov

Services: Social Services and Child Protective Services

Hours: 8:00 am – 4:30 pm Monday-Friday

UT Extension Robertson County

Address: 408 North Main Street, Springfield, TN 37172

Phone: (615) 384-7936

Web: www.robertson.tennessee.edu

Contact: Timmy Mann, Extension Agent/Youth tmann1@utk.edu

Samantha Teets, Extension Agent/Youth samknigh@utk.edu

Lauren Patterson, County Director & Extension Agent/ Family and Consumer Sciences
lpatte20@utk.edu

Elizabeth Graves, Nutrition Education Program Assistant eliggrav@utk.edu

Bob Ary, Horticulture Program Assistant bobary@utk.edu

Services: Education: 4-H youth development, family and consumer science including parenting, health, financial, and nutrition, agricultural and horticultural education/program. Family and community education club program, Master gardeners program.

Fees: Many are free, some programs are fee-based

Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Vision, Inc. – Relative Caregiver Program

Address: 810 Dominican Dr. Suite 109 Nashville, TN 37228

Web: <https://www.kidcentraltn.com/article/relative-caregiver-program>

<http://www.newvisiontn.org/index.jsp>

Phone: 615-445-8711
Contact: Pat Price
Services: Assists and supports informal placements where the child is cared for by grandparents, aunts, uncles and/or other extended family members.
Area Served: Mid-Cumberland Region

Women Infants and Children (WIC) Health Department

Address: 900 S. Brown St., Springfield, TN 37172
Phone: 615-384-4504
Email: rachel.f.ellis@tn.gov
Web: www.tn.gov
Contact: Rachel Ellis, Robertson County Director
Services: Vouchers to buy nutritious foods (cheese, milk, cereals, etc.) are issued to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth, if they meet income guidelines. Breastfeeding classes and support are available to all new mothers.
Fees: none
Hours: 8:00 am – 4:30 pm Monday-Friday

Clothing

C.O.P.E. - Cooperative Outreach for Personal Emergencies

Address: 810 South Main Street, Springfield, TN 37172
Phone: 615-384-1465
Email: hannabasswalt@gmail.com
Contact: JoAnne Cyprus, Director; Walt Hannabass, Treasurer
Services: Low cost thrift store.
Fees: varied
Hours: 10:00 am – 3:00 pm Tuesday – Saturday
Other: see also [financial assistance](#)

The Shepherd's Place - Orlinda Baptist Church

Address: 1124 West Church Street, Orlinda, TN 37141
Phone: (615) 654-3941
E-mail: Orlindabaptist@gmail.com
Services: Free clothing ministry for children and adults.
Hours: Open 1st and 3rd Fridays of each month, 10am-2pm.

RobCo Community Closet Project

Address: 1006 Pepper Street, Springfield, TN 37172-3146
Phone: (615) 780-2511
Services: Provides clothing and household items to families in need
Hours: This is a new service that is still in the process of being established.
If you have a client in need of clothing or house hold items, please contact United Way

to receive help.

Community Support

American Cancer Society

Address: 2000 Charlotte Ave., Nashville, TN 37230
Phone: 615-327-0991 1-800-227-2345
Web: www.cancer.org
Services: Volunteer and help organization, rides for cancer patients, support groups.
Hours: 8:00 AM – 4:30 PM M-F and 24/7 @ 1-800-227-2345

American Red Cross

Address: 2201 Charlotte Avenue, Nashville, TN 37230
Phone: 1-800-733-2767
Web: www.redcross.org
Services: In these events, the Red Cross provides shelter, food, health and mental health services to help families and entire communities get back on their feet. Although the Red Cross is not a government agency, it is an essential part of the response when disaster strikes.
Hours: 8:00 AM – 5:00 PM M-F

Chamber of Commerce, Robertson County

Address: 405 West Court Square, Springfield, TN 37172
Phone: 615-384-3800
Email: info@robertsonchamber.org
Web: www.robertsonchamber.org
Contact: Jordan Osborne, President, Chamber Operations
Services: Business networking, tourism, economic development, membership relations.
Fees: see website for details
Hours: 9:00 am – 4:00 pm M-Th; 9:00 am- 12:00 pm Friday

Covenant Confirmers Ministries

Address: 300 10th Avenue East Springfield, TN 37172
Phone: 615-384-9010
Email: ronccmi@bellsouth.net
Contact: Pastor Ron Baptiste
Services: Safe environment for recovery including support groups and a recovery clubhouse.
Hours: Wednesday night 7:00 PM
Fees: None

See also [Support Groups](#) for schedule

Drug Take-back Boxes - Free: Prescription drug take-back boxes provide a place where unused prescription drugs can be safely disposed of. These permanent boxes prevent prescription and over-the-counter medications from getting into the hands of children and into the waterways. For more information and additional locations throughout the state of Tennessee visit <https://www.tn.gov/environment/program-areas>. In Robertson County there are 2 locations:

- Robertson County Sheriff's Office, 507 S. Brown Street, Springfield. Open hours: Monday-Friday 8:00am-4:30pm
- Greenbrier Police Department, 790 W. College Street, Greenbrier. Open hours: Monday-Friday 8:00am-4:00pm

Laundry Love

Phone: (615) 780-2511
 Email: laundrylovespringfieldtn@gmail.com
 Services: Free laundry service for those in need provided by community volunteers and sponsors.
 When: Held every third Friday of the month, first loads in at 8:00am last loads in at 10:30am.
 Location: Sister's Coin Laundry, 2104 Memorial Blvd., Springfield, TN (in the Big Lots/Belk Plaza)

St. Teresa's Helpers, (Our Lady of Lourdes and St. Michael Catholic Church)

Address: 103 Golf Club Lane, Springfield, TN 37172
 Phone: (615) 384-5837 (Helpline)
 Services: Provides assistance with rent, utilities, and food to Robertson County residents.

United Way of Greater Nashville - Robertson County Office

Address: 100 5th Ave. East, Springfield, TN 37172
 Phone: 615-780-2511
 Information: United Way of Greater Nashville is fighting for a community where every person—no matter their background, their abilities or their zip code—has an equal chance at a bright future.
 Email: tiffany.thomson@unitedwaygn.org
 Web: <https://www.unitedwaygreaternashville.org/>
 Services: UWGN unites the community and mobilizes resources so that every child, individual and family thrives. Provide community access to 2-1-1, a free, funneled resource line linking callers to local resources for basic needs - available 24/7 and in 180 languages. Offer opportunities for community involvement including Give Thanks Meal Kits and Stuff the Bus (formerly known as the Back to School Bash).

Crisis

National Suicide Prevention Lifeline

Phone: 988; 1-800-273-8255
 Services: The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Phone and online chat available.
 Website: <https://suicidepreventionlifeline.org/>

Mobile Crisis (Adult)

Phone: 1-800-681-7444

Mobile Crisis (Children)

Phone: 1-866-791-9221

Robertson County Crisis Line (Youth/Adolescents)

Phone: 1-877-652-3069

24/7 STATEWIDE CRISIS LINE:

Phone: 1-855-274-7471 (855-CRISIS-1)

See also: [Law Enforcement](#)

Tennessee Suicide Prevention Network

Phone: 1-855-274-7471

Text: Text "TN" to 741 741.

Website: www.tspn.org

Services: Call or text to communicate with a trained crisis counselor.
This service is FREE and CONFIDENTIAL.

Disabilities

Disability Rights TN

Address: 2 International Plaza, Suite 825, Nashville, TN 37217

Phone: 1-800-342-1660

Phone: Robertson County, Adult -1-800-681-7444; Youth - 1-866-791-9221

Email: gethelp@disabilityrightstn.org

Web: disabilityrightstn.org

Services: Agency provides non-profit legal services dedicated to protecting the rights of Tennesseans with disabilities. The services provided are diverse. For example, the agency can investigate abuse and neglect in community settings like board and care homes, and provide education, advocacy and legal services for other areas like access to assistive technology and Vocational Rehabilitation (VR) services. Community members and service providers with a disability related issue can contact the intake team and the intake team can determine if the issue fits our areas of work and/or provide a personalized referral.

Fees: See website for information

Hours: 8:00 AM – 5:00 PM M-F

H.A.T.S. (Habilitation and Training Services)

Address: 4859 Hwy 431 N., Springfield, TN 37172

Phone: 615-384-2571

Email: sbumgardner@hatstn.org

Web: <http://www.hatstn.org/index.html>

Services: Adult day services, residential and case management, family support to allow those with severe disabilities to remain in their homes and communities, Rainbow Early Intervention Services for children 36 months and under with disabilities or developmental delays, job coaching and training programs for disabled adults.

Family Support Program: This program is a grant funded program in agreement with the State of TN. It is designed to assist individuals with severe, life-long mental or physical disabilities and their families to remain together in their homes and in their communities. It is intended for individuals who choose to live with their families or for those who reside in a community in an unsupported setting. Program is not income-based and does not interfere with disability or SSI income. Contact **Elaine Broyles** (615) 575-4119.

Hours: 8am-4pm, Monday - Friday

Areas served: Robertson and Sumner Counties

Paradise Ranch

Address: 2822 Paradise Lane, Springfield, TN 37172

Phone: (615) 382-7256

Web: www.paradiseranch.org

Contact: To register - <http://paradiseranch.org/register/>

Services: Therapeutic riding is available for physically and mentally handicapped riders. Volunteers and certified instructors ensure that the riders have a safe, fun experience while also receiving valuable therapeutic care.

Special Olympics

Address: 461 Craighead Street, Nashville, TN 37204

Phone: 615-329-1375

Web: www.specialolympicstn.org

Services: Provides year-round sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitnesses

Fees: none

Hours: 8:30 am – 3:00 am Monday-Friday

Domestic Violence

HomeSafe Inc.

Address: 719 South Main Street, Suite 106, Springfield, TN 37172

Phone: Office 615-452-5439

Web: www.homesafeinc.org

Other: 24/7 hotline: 615-452-4315

24/7 Spanish hotline: 615-969-3260

Services: Crisis intervention, danger assessment and safety planning, individual counseling, support groups, law enforcement and court advocacy , case management, emergency shelter, prevention programs for youth and adults.

Legal Aid Society

Address: 109 South Third St. Clarksville, TN 37040
Phone: 931-552-6656 or 800-238-1443
Web: www.las.org
Services: Legal assistance to low income and vulnerable people
Hours: 8:30 AM – 4:30 PM Monday – Friday
Area Served: Middle Tennessee and the Cumberland (Clarksville office serves the following counties: Robertson, Montgomery, Cheatham, Dickson, Steward, Houston, Humphreys)
Fees: Income based
Other: Assistance with the following kinds of civil cases: reentry screening; employment cases; family and domestic violence cases; health and benefits cases; housing cases; money and tax cases.

Victims Compensation Program

Address: 600 Martin Luther King Jr. Blvd., Nashville, TN 37243-0225
Phone: 615-741-2734
Web: <https://treasury.tn.gov/Services/Claims-and-Risk-Management/Criminal-Injuries-Compensation>
Services: Limited compensation for victims of domestic violence
Hours: 8:30 AM – 4:30 PM Monday – Friday
Area Served: TN
Fees: None
Other: Eligibility guidelines set by state

Family Focused Solutions (Family and Children’s Services)

Phone: (615) 253-1694
Contact: Carolyn Parker
Email: Carolyn.parker@tn.gov
Website: <http://www.fcsnashville.org/programs/counseling>
Services: FFS Life Coaches assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties.
Fee: None for those receiving TANF (see above)

Drug/Substance Abuse Rehabilitation

Bradford Health Services

Address: 1410 Donelson Pike, Suite A7, Nashville, TN 37217
Phone: 1-888-762-3740 or 615-291-2956
Web: www.bradfordhealth.com

Services: Provides inpatient, outpatient, and intensive outpatient services for adults and adolescents for substance abuse treatment.
Fees: See website for more information
Hours: 9:00 AM – 5:00 PM M-F

Buffalo Valley

Address: 501 Park Avenue South, Hohenwald, TN 38462
Phone: 800-447-2766 or 931-796-5427
Web: www.buffalovalley.org
Services: Provides outpatient substance abuse treatment
Fees: Please see website for more information
Hours: 8:00 AM – 5:00 PM M-F

Covenant Confirmers Ministries

Address: 300 10th Avenue East Springfield, TN 37172
Phone: 615-384-9010
Web: <https://www.covenantconfirmers.org/>
Email: ronccmi@gmail.com
Contact: Pastor Ron & Cricket Baptiste
Services: Safe environment for recovery including support groups and a recovery clubhouse.
Fees: None
See also [Support Groups](#) for schedule

Cheatham County Community Enhancement Coalition - Overdose Prevention

Address: 395 S Main St., Ashland City, TN 37015
Phone: 615-636-7840 or 1-800-889-9789
Contact: Laura Durham
Web: www.cheathamcoalition.org
Services: Naloxone training, certification and free kit. In-person training available the 3rd Tuesday each month at Stokes Brown Public Library or online.
Fees: Free training and kits available

Cumberland Heights

Address: 8283 River Road Pike, Nashville, TN 37209
Phone: 615-352-1757 or 866-899-5231
Web: www.cumberlandheight.org
Services: Provides inpatient and outpatient treatment to adolescents and adults involved with drug dependency.
Fees: See website for more information
Hours: 24/7 hotline

Drug Take-back Boxes - Free: Prescription drug take-back boxes provide a place where unused prescription drugs can be safely disposed of. These permanent boxes prevent prescription and over-the-counter medications from getting into the hands of children and into the waterways. For more information and additional locations throughout the state of Tennessee visit <https://www.tn.gov/environment/program-areas>. In Robertson County there are 2 locations:

- Robertson County Sheriff's Office, 507 S. Brown Street, Springfield. Open hours: Monday-Friday 8:00am-4:30pm
- Robertson County Detention Facility, Public Entrance, 311 5th Avenue E, Springfield. Open hours: 24/7
- Greenbrier Police Department, 790 W. College Street, Greenbrier. Open hours: Monday-Friday 8:00am-4:00pm

E-Recovery Support Communities and Programs

- Faces & Voices of Recovery's Guide to Mutual Aid Resources: A compendium of recovery support programs and communities—many of which now offer virtual meetings and resources.
- <https://facesandvoicesofrecovery.org/resources/mutual-aid-resources/>
- Online Intergroup of Alcoholics Anonymous: Hosts a directory of online meetings featuring 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7. <https://aa-intergroup.org>
- 12StepMe.org: Chat/meeting group of Alcoholics Anonymous (AA). This website has no affiliation—implied or actual—to any organization, including AA—meetings are conducted by an AA group that is registered with the Online Intergroup of AA. <https://12stepme.org>
- Celebrate Recovery (CR): A 12-step, Christian recovery program. Some CR groups are offering live online worship and encouragement, or temporary online CR Open Share Groups. Contact local CRs to find out what they are offering (or contact your area State Rep). <https://celebraterecovery.com/>
- SMART Recovery Online (SROL): Online community where individuals with addiction, their family and friends, and other specialized audiences can interact with SMART (Self-Management and Recovery Training) volunteers and each other to aid in overcoming addiction. <http://www.smartrecovery.org/srol-2>
- In The Rooms (ITR) Online Communities and Meetings: ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://bit.ly/2IPozjs>

Elam Mental Health Center

Address: 1005 Dr. D.B. Todd, Jr. Blvd. Suite 2021A, Nashville, TN 37208
 Phone: 615-327-6495
 Web: <https://www.mmc.edu/patientcare/school-of-medicine/locations/elamcenter.html>
 Services: Provides alcohol and drug assessments as well as inpatient and outpatient treatment.
 Fees: see website for more information
 Hours: 9:00 AM –4:30 PM Monday-Friday

Family Focused Solutions (Family and Children's Services)

Phone: (615) 253-1694
 Contact: Carolyn Parker
 Email: Carolyn.parker@tn.gov
 Website: <http://www.fcsnashville.org/programs/counseling>
 Services: FFS Life Coaches assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning

disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties.

Fee: None for those receiving TANF (see above)

Greater Faith Community Action Corporation

Address: 1001 Goldcrest Drive, Springfield, TN 37172

Mailing address: P.O. Box 215, Springfield, TN 37172

Phone: General Inquiries: 615-384-8682

Contact: Pastor Robert Gardner

Web: <http://gfcaction.com/>

Email: inquire@gfcaction.org

Services: Provides: Recovery Assessments, Case Management, Drug Testing, Recovery Skills, Relapse Prevention, Spiritual/Pastoral Support, Transitional Housing, and transportation.

Fees: See website for more information

Hope Center Ministries

Address: [location undisclosed] Springfield, TN

Phone: (866) 396-4673

Contact: Stephen Palk, Center Director

Email: admissions@hopecm.com

Web: <https://www.hopecm.com/locations/Springfield>

Services: Substance abuse recovery for MEN, 24 Hour Supervision, Christian Discipleship, Group Sessions, Urine Drug Screening, Court Liaison Services, Faith-Based Support Groups, Individual Mentoring, Family Support Group, Transportation & Housing, Case Management, Continuing Support Plan, After Care Plan, Celebrate Recovery Curriculum

Journey 2 Recovery, Free Addictions Program

Address: 116 Academy Dr., Springfield, TN 37172

Phone: 615-485-4626

Contact: Johnny Norton, Addictions Program Director

Email: jnorton@shbcministries.org

Web: <https://www.shbcministries.org>

Services: Biblically based, Christian Addiction Recovery Program designed for those in addictive behaviors. Their focus is to address the core spiritual side of addiction through faith, the church, curriculum, and weekly classes. All are welcome - there is a program for children of all ages, nursery, and transportation if needed.

Hours: Meetings are held weekly on Wednesdays, 7PM-8PM.

Mirror Lake Recovery Center (Detox and Treatment)

Address: 999 Girl Scout Road, Burn, TN 37029

Phone: 866-255-0840

Web: www.mirrorlakerecovery.com

Mobile Recovery Communities

List of mobile apps that nurture and sustain virtual recovery communities through 24-hour connections. Many of them are free and offer peer-coaching support (which may incur a fee). Examples include:

- Sober Grid: www.sobergrid.com
- R/Tribe: www.rtribe.org
- WEconnect: www.weconnectrecovery.com
- Nomo (It's Time to say No More!): <https://saynomo.com>

The Next Door

Address: 402 22nd Avenue North, Nashville, TN 37203
 Phone: 855-863-4673 or 615-251-8805
 Web: www.thenextdoor.org
 Services: The Next Door provides services to women who are impacted by addiction, mental illness, trauma and/or incarceration.

Recovery Community, Inc.

Address: P.O. Box 777 Madison, TN 37116
 Phone: 615-569-3174
 Email: info@recoverycommunity.org
 Services: Transitional living facility in Madison that provide safe and affordable housing for both men and women with alcohol and drug dependency issues and also offer Recovery Support Services, Case Management and Intensive Outpatient Treatment.
 Fees: \$250 due upon arrival (\$100 Admission Fee + \$150 first week's rent); \$150 weekly rent. Monthly clients pay \$550 per month.

Renewal House

Address: P.O. Box 280356, Nashville, TN 37228
 Phone: 615-255-5222
 Email: info@renewalhouse.org
 Web: www.renewalhouse.org
 Services: Provides residential services for women who are pregnant, and/or have at least one child below the age of 11 who will live with them. Also, provides women's Intensive Outpatient and Transitional Housing for women who have been clean and sober at least six months.

Robertson County Prevention Coalition

Address: 100 5th Ave. Springfield TN 37172
 Contact: Tiffany Thomson
 Phone: (615) 780-2511
 Website: <https://robertsoncountyhealthcouncil.com/rcpc/>
 Services: Work collaboratively with community agencies, and schools to reduce or prevent the harms associated with substance use and abuse through education, supportive intervention efforts, and advocacy.

TN Association for Alcohol, Drug and other Addiction Services (TAADAS)

Address: 1321 Murfreesboro pike #155, Nashville, TN 37217
 Contact: Maria Smith

Phone: 615-780-5901 Ext. 112
Email: maria@taadas.org
Phone: Tennessee REDLINE 1-800-889-9789
Web: www.taadas.org
Hours: Tennessee REDLINE 24/7

See also "[Support Groups](#)"

Education

Access Internet from AT&T

Phone: 800-288-2020
Web: <https://www.att.com/internet/access/>
Services: Affordable low-income internet access. Qualify via income or participation in the National School Lunch or Head Start programs, you can apply online. Must select SNAP as the qualifying program and provide proof of eligibility for income or program.
Fees: \$10 per month or less, based on internet speeds in the area, plus tax.

American Job Center - Workforce Essentials

Address: 299 10th Avenue East, Springfield, TN 37172
Phone: 615-384-1097
Web: www.workforceessentials.com
Services: English as a Second Language courses for ages 17+, HiSet preparation classes and testing, Job search & training, drug testing, driver's education, paternity test, hair follicle test, physical and customized training. WIOA
Hours: 8:00 am – 4:30 pm M-F

Goodwill Career Solutions

Address: 2008 Memorial Blvd., Springfield TN 37172
Phone: (615) 338-3369
Web: <https://giveit2goodwill.org/careersolutions/>
Services: Free training classes and employment assistance.

NAMI (National Alliance on Mental Illness) - ROBERTSON COUNTY GROUP

Address: TriStar NorthCrest Medical Center, 100 NorthCrest Drive, Springfield, TN
Contact: Amy Lawrence
Phone: 931-980-5019
Email: nami4robertsoncounty@gmail.com
Services: The NAMI Support Group is a FREE 90-minute recovery support group helping family members, friends, and people with mental health conditions come together for support by sharing our experiences in a safe and confidential setting. Together we gain HOPE, understanding and feel a sense of connection.
Schedule: Monday: First Monday of each month at 6:30pm in the Ground Floor Conference room at TriStar NorthCrest Medical Center
Tuesday: Second Tuesday of each month at 1:00 pm at the Stokes Brown Library

Thursday: Second Thursday of each month at 6:30 pm; register at nami4robertsoncounty@gmail.com

Spanish Classes - Robertson County Baptist Association

Address: Springfield Baptist Church, 400 North Main Street - Springfield
Phone: 615-384-8138 OR 615-766-2900
Web: <https://rcbatn.org/spanish-class>
Services: Each session is 14 weeks.
Hours: Classes on Tuesdays 6:00pm-7:30pm (in-person at Stokes Brown Library options available)
Fees: \$50, includes book - limited availability.

Open Door Pregnancy Center

Address: 1109 South Main St., Springfield, TN 37172
Mailing address: P.O. Box 117, Springfield, TN 37172
Phone: 615-384-4673
Email: opendoorpc@gmail.com
Web: www.615-384hope.com
Contact: Shawn Elmore, Executive Director
Services: Crisis pregnancy resource center providing resources and parenting education – including Court/DCS.
Fees: None. Services are free and confidential.
Hours: Monday/Thursday: 10:00 am – 4:00 pm, Tuesday: 10:00 am – 6:00 pm, Wednesday: Closed , Friday: 10:00 am – 2:00 pm, Saturday/Sunday: Closed
Other: Donation funded/nonprofit. Offers baby products and parenting classes.

Robertson County Adult High School

Address: 800 MS Courts Boulevard, Springfield, TN 37172
Phone: (615) 382-8914
Web: <https://rcalc.rcstn.net/cms/One.aspx?portalId=86361&pageId=17888246>
Contact: Dr. Mary Jo Holmes, Principal
Carolyn Perry, School Counselor
Dr. William C. Winters, Coordinator
Services: Adult High School Program is designed to allow Robertson County adults who never finished the class requirements for a high school diploma to complete the courses necessary to graduate.
Gateway Program is for adults who need assistance and instruction in achieving Gateway Tests in English, Math or Science required to obtain their diploma.
Fees: Cost of background check is only cost to enrollee.
Hours: Mon-Fri: 8AM-3PM with Lunch: 11:00AM-11:30AM

Robertson County Schools Family Resource and Education Center

Address: 700 Bransford Drive, Room 300, Springfield, TN 37172
Phone: (615) 382-3609, (615) 382-3104, (615) 289-6945
Email: teresa.leavitt@rcstn.net

Web: www.rcstn.net
Contact: Teresa Leavitt, Supervisor of Student Services
Danielle Frazier, Diversity Coordinator & Family Resource Director
Jennifer Dusky, Social Worker/Family Liaison
Lisa Duncan, Assistant
McKinney Vento, Assistant
Services: Helping remove all barriers that interfere with education achievement by linking students and families with necessary resources. The FRC also works to identify and assist homeless families in Robertson County.
Services available in English and Spanish.
Hours: School Year: 7:30 AM – 3:00 PM Monday-Friday (or by appointment as needed)

Stokes Brown Public Library

Address: 405 White Street, Springfield, TN 37172
Phone: (615) 384-5123
Email: sbplcustomerservice@gmail.com
Web: <http://www.youseemore.com/springfieldpl/>
Hours: Monday, Wednesday, Friday, 9:00 a.m. – 5:00 p.m.
Tuesday, Thursday, 9:00 a.m. – 8:00 p.m.
Saturday, 9:00 a.m. – 5:00 p.m.
Sunday, 2:30 p.m. – 5:00 p.m.

TN College of Applied Technology

Address: 104 W 7th Ave, Springfield, TN 37172
Email: Admissions: admissions@tcatnashville.edu
Financial Aid: financialaid@tcatnashville.edu
Workforce Development: workforce@tcatnashville.edu
Veterans Services: veterans@tcatnashville.edu
Phone: (615) 425-5500
Web: tcatnashville.edu

UT Extension Robertson County

Address: 408 North Main Street, Springfield, TN 37172
Phone: (615) 384-7936
Web: www.robertson.tennessee.edu
Contact: Timmy Mann, Extension Agent/Youth tmann1@utk.edu
Samantha Teets, Extension Agent/Youth samknigh@utk.edu
Lauren Patterson, County Director & Extension Agent/ Family and Consumer Sciences lpatte20@utk.edu
Elizabeth Graves, Program Assistant eliggrav@utk.edu
Bob Ary, Horticulture Program Assistant bobary@utk.edu
Services: Education: 4-H youth development, family and consumer science including parenting, health, financial, and nutrition, agriculture and horticultural education/program. Family and community education club program, Master gardeners program.
Fees: Many are free, some programs are fee-based
Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Volunteer State Community College at Highland Crest

Address: 150 Laureate Ave, Springfield, TN 37172

Phone: (615) 433-7030

Web: <https://www.volstate.edu/springfield> and
<https://www.volstate.edu/admissions/apply>

Contact: Nicholas Bishop, Site Director

Email: Springfield.Campus@volstate.edu

Services: College classes close to home! Vol State at Highland Crest offers higher education coursework that apply to many different Vol State degree paths and classes that can also transfer to area universities. Classes are offered in the daytime, evening, and online for more flexibility. Tuition-free opportunities for those that qualify for TN Promise or TN Reconnect.

Business hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Employment

American Job Center - Workforce Essentials, Inc.

Address: 299 10th Ave. East, Springfield, TN 37172

Phone: (615) 384-1097

Web: www.workforceessentials.com

Services: Employment and job training services, career readiness certification, free high school equivalency diploma courses and HiSET, drug testing, driver's education, and paternity test. Federally funded programs available.

Fees: See website for more information

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Goodwill Career Solutions

Address: 2008 Memorial Blvd., Springfield TN 37172

Phone: (615) 338-3369

Web: <https://giveit2goodwill.org/careersolutions/>

Services: Free training classes and employment assistance.

Skill Up Tennessee (UT Extension)

Address: 1801 Downtown West Boulevard, Knoxville, TN 37919

Phone: (865) 200-4536

Contact: Clint Cummings

Email: ccummin1@utk.edu

Web: skillup.tennessee.edu

Services: work readiness training, career navigation, support services, individual assessment

TN Department of Labor/Workforce Development

Address: 220 French Landing Drive, Nashville, TN 37243

Phone: (844) 224-5818

Web: www.tn.gov/workforce

Services: Serves as a one-stop career center to deliver workforce services across the state of Tennessee. Assists areas within Tennessee that may lack access to workforce related services. Individuals can also find information related to unemployment, workers' compensation, adult education classes, and more.

Fees: See website for more information

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Financial

Access Internet from AT&T

Phone: (800) 288-2020

Web: <https://www.att.com/internet/access/>

Services: Affordable low-income internet access via the Affordable Connectivity Program. Allows qualified households to lower their internet or wireless costs. Qualify via income or participation in the National School Lunch or Head Start programs, you can apply online. Must select SNAP as the qualifying program and provide proof of eligibility for income or program.

Fees: Costs may be anywhere from \$30 - \$10 per month (plus tax) depending on the individual's eligibility and internet speeds in that area.

Child Support Division – 19th Judicial District

Address: 402 Central Ave East, Springfield, TN 37172

Phone: (615) 382-2433 - Office
(615) 838-6911 - Customer service
(615) 253-4394 - Customer service

Web: www.tn.gov

Services: Child support collections

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

C.O.P.E. - Cooperative Outreach for Personal Emergencies

Address: 810 South Main Street, Springfield, TN 37172

Phone: (615) 384-1465

Email: hannabasswalt@gmail.com

Contact: JoAnne Cyprus, Director; Walt Hannabass, Treasurer

Services: Assist with payment of rent, utilities and prescriptions. By appointment only.

Hours: Tuesday - Saturday, 10:00 a.m. - 3:00 p.m.

Hope Center

Address: 1115 Highway 76, White House, TN 37188

Phone: (615) 672-0298

Contact: Troy Russell (Executive Director of Hope Ministries)
Patricia Robinson (Director of Hope Center)

Services: Thrift store, benevolence for emergency situations, and help with utilities.

Hours: Monday, Tuesday, Thursday, and Friday, 9:00 a.m. to 4:00 p.m.

Saturday, 9:00 a.m. to 3:00 p.m.

Other: Serves within a 4-mile radius of White House City Limits.

Internet Essentials from Comcast

Phone: 1-855-8-Internet

Web: internetessentials.com

Services: Affordable, high speed internet; eligibility - Individuals must qualify for programs like the National School Lunch Program, Housing Assistance, Medicaid, SNAP, SSI, and others; Must live in an area where Comcast Internet service is available.

Have not had Comcast Internet within the last 90 days.

Cannot have outstanding debt with Comcast that is more than 1 year old.

Fees: Free, the program pays \$9.95 per month plus tax for qualifying individuals.

Mid-Cumberland Community Action Agency

Address: 505 Hill Street, Springfield, TN 37172

Phone: (615) 742-1113, ext. #7401

Web: www.midcumberland.org

Services: Community Connections; Nutritional Services; Elderly, Disabled, and Veterans Services Program; Emergency Services; Family & Individual Advocacy/Case Management, Head Start, Nutritional Services, Utility Assistance (Low-Income Home Energy Assistance Program, LIHEAP); and Weatherization Assistance Program.

Fees: None

Hours: Monday - Thursday, 8:00 a.m. – 4:30 p.m.

Salvation Army

Address: 413 Lakeshore Drive, Springfield, TN 37172

Phone: (615) 310-2242

Email: sherrymartell10@gmail.com

Contact: Sherry Martell

Services: Financial assistance available.

Food

Blessing Boxes (These are boxes containing nonperishable food items and other items maintained by the community and/or churches.) Individuals can take items with no questions asked. Boxes are not monitored. Currently Robertson County has 4 locations:

- Springfield First United Methodist Church, blessing box is located across the street from the front entrance of the church, 511 S Oak Street, Springfield, TN 37172
- Cherry Mound Baptist Church, located at 4168 US-31W, Cottontown, TN 37048
- Revolution Church, located at 3644 US-31W, White House, TN 37188
- Greenbrier Realty, located at 2345 HWY 41 S, Greenbrier, TN 37073

Bethlehem Baptist Church - Drive by Pantry

Address: 5081 Bethlehem Road, Springfield, TN 37172

Please drive up to Building A from the Hwy 76 entrance.

Phone: (615) 643-0333

Services: Food pantry, must show proof of residence and provide a SSN for each resident.
Fees: None
Hours: Wednesday, 11:00 a.m. - 1:00 p.m.

Hope Food Bank

Address: 212 Portland Road, White House, TN 37188
Phone: (615) 672-8006
Email: hopefoodbank1@att.net
Contact: Pastor Troy Russell
Services: Food supply for elderly, shut-ins, and emergency situations
Hours: Tuesday – Friday, 9:00 a.m. - 1:00 p.m.
Other: Serves White House City Limits ONLY.

Mid-Cumberland Community Action Agency

Address: 505 Hill Street, Springfield, TN 37172
Phone: 615-742-1113 ext. 7400
Web: www.midcumberland.org
Community Connections; Food Pantry/Personal Hygiene Services; Emergency Services; Family & Individual Advocacy/Case Management, Head Start, Water Bill Assistance (LIHEAP), Utility Assistance (Low-Income Home Energy Assistance Program, LIHEAP); Weatherization Assistance Program.
Fees: None
Hours: Monday - Friday, 8:00 am - 4:00 pm

Mid-Cumberland Human Resource Agency - Meals on Wheels

Address: Springfield, TN 37172
Phone: (615) 382-7287 local office
Email: smcdaniel@mchra.com
Web: <http://www.mchra.com/meals-on-wheels/>
Contact: Sharon McDaniel
Services: Provides meals to individuals 60+ years old who are homebound or meet the needs eligibility determined by state guidelines. Meals are delivered to the individual's home. Outreach, nutrition education, and support services are also provided.
Fees: None but donations are welcomed

Mt Carmel Baptist Church (Ministry HelpLine)

Phone: (615) 654-3846 (available by phone Monday - Thursday, 9:00 a.m. - 4:00 p.m.)
Services: Offers "Stone Soup" meal delivery for shut-ins and offers the "Care and Share Closet" for families and individuals in need.
Volunteer: Care and Share food needs: The Care and Share ministry helps to provide groceries and toiletries to families in our community that need extra support. Currently we serve about a dozen families. We expect that number to drastically increase as the needs increase in the coming weeks. There are three major ways to support the Care and Share Pantry:

1. Donate items such as canned goods, pastas, instant meals, or toiletries.
2. Volunteer by preparing boxes at the church to be picked up.

3. Volunteer to deliver or hand out boxes on Mondays, Wednesdays, or Thursdays.

Ridgetop Seventh-Day Adventists Community Services

Address: 104 King Street, Ridgetop, TN 37152
Phone: (615) 859-3651
Web: www.ridgetopsda.com
Contact: Pastor William Little
Services: Collects and distributes food and clean clothes
Fees: Donation Only
Hours: Tuesday, 9:00 a.m. – 11:00 a.m.

The Master's Table

Address: 619 B Central Ave. West, Springfield, TN 37172
Phone: (615) 384-4480 (kitchen)
(615) 430-2294 (mobile)
Web: <https://gfcaction.com/masters-table/>
Contact: Pastor Robert Gardner and/or Carolyn Woodard
Services: Free soup kitchen – open to anyone.
Mission of the Greater Faith Community Action Corporation (GFCAC)
Fees: None
Hours: Monday - Saturday, 10:00 a.m. - 11:00 a.m.

TNKids Nutrition

Address: 1006 Pepper Street, Springfield, TN 37172-3146
Phone: (615) 973-7050
Email: TNKids@TNKids.org
Web: <https://www.tnkids.org/>
Contact: Donny King, Director or
Melody Callis, Assistant Executive Director at Melody.callis@TNKids.org
615-756-8085
Services: Providing snacks and meals to at-risk children in after-school enrichment programs, delivering food through backpack programs, and providing meals when school is not in session. This program is partially federally funded. All programs offered: CACFP Home Sponsor; Summer Food Service Program; Backpack Attack Program; After School At-Risk Snack Program.

United Ministries Food Bank

Address: 808 South Main Street, Springfield, TN 37172
Phone: (615) 384-8306
Web: <https://www.facebook.com/UnitedMinistriesFoodBank>
Email: sherrymartell10@gmail.com
Contact: Sherry Martell, (615) 310-2242
Services: Help families and single individuals with food needs in Robertson County.
Must bring a driver's license and/or photo ID. Also offers two commodity distributions per year, typically Spring and Fall.
Hours: Monday - Thursday, 10:00 a.m. – 1:30 p.m.

Healthcare

A Step Ahead Middle Tennessee

Service Area: Bedford, Cannon, Cheatham, Davidson, Dekalb, Dickson, Giles, Hickman, Houston, Humphreys, Lawrence, Lewis, Lincoln, Macon, Marshall, Maury, Montgomery, Moore, Perry, Putnam, Robertson, Rutherford, Smith, Stewart, Sumner, Trousdale, Wayne, Williamson, and Wilson.

Phone: (615) 671-7837 (STEP)

Web: <https://www.astepaheadmiddletn.org/>

Services: Promotes awareness and provides access to free, long-acting reversible contraception (LARC). Services available for insured and uninsured female clients aged 13+. Offers free, private transportation when needed to consultation for LARC, and will pay for well-woman exam, sexually transmitted infections testing, pregnancy testing, and PAP if needed.

Hours: Call Center is open Monday - Friday, 8:00 a.m. - 5:00 p.m.

Drug Take-back Boxes - Free: Prescription drug take-back boxes provide a place where unused prescription drugs can be safely disposed of. These permanent boxes prevent prescription and over-the-counter medications from getting into the hands of children and into the waterways. For more information and additional locations throughout the state of Tennessee visit

<https://www.tn.gov/environment/program-areas>. In Robertson County there are 3 locations:

- Robertson County Sheriff's Office, 507 S. Brown Street, Springfield. Open hours: Monday-Friday 8:00am-4:30pm
- Greenbrier Police Department, 790 W. College Street, Greenbrier. Open hours: Monday-Friday 8:00am-4:00pm
- Cross Plains Police Department, 7622 State Route 25, Cross Plains. Open hours: Monday-Friday 8:00am-4:00pm

NorthCrest Medical Center

Address: 100 NorthCrest Drive, Springfield, TN 37172

Phone: 615-384-2411

Email: info@northcrest.com

Web: www.northcrest.com

Services: Healthcare including emergency medicine (ER), clinical laboratory testing, medical imaging, inpatient medical-surgical and critical care, sleep diagnostics, surgery, cardiopulmonary rehabilitation, cardiac rehabilitation, cardiovascular (cath) lab, labor and delivery, lymphedema therapy, speech therapy, and wound care. NorthCrest also offers educational classes and resources to the community.

Hours: 24/7 – Some services are open normal business hours.

Nurses for Newborns

Address: 1606 Porter Rd. Suite 200, Nashville, TN 37206

Phone: 615-313-9989

Fax: 615-313-9979

Web: www.nursesfornewborns.org

Services: Nurses for Newborns provide in-home visits to at risk infants at no cost to the families. The Registered nurses provide healthcare, education and positive parenting skills to families with medically fragile infants, teen moms, and caregivers with cognitive disabilities or mental health concerns such as anxiety, depression and substance abuse. The mission is to prevent infant mortality, child abuse and neglect. Referrals can be made by visiting the website and choosing Services -> Refer a new Client.

Hours: 8:30 am – 4:30 pm M-F

Robertson County Comprehensive Care Clinic – HIV Clinic

Address: 800 South Brown St, Springfield, TN 37172
Phone: 615-382-3108
Contact: Ashley Alexander, RN, BSN, MPH; HIV Coordinator/Medical Case Manager
P: 615-382-3108
F: 615-382-3110
E: ashley.alexander@tn.gov

Susan Thurman, RN, BSN

P: 615-382-3108

F: 615-382-3110

E: susan.thurman@tn.gov

Services: Newly diagnosed, new to the area or returning to care? The Robertson County Comprehensive Care Clinic provides treatment and resources Clinical treatment, medication coverage, assistance obtaining insurance if qualified, helps with co-pays and deductible for those with insurance. PREP for partners, dental program, and eye care program.

Hours: New clients taken any day. Clinic days: Monday and Thursday

Robertson County Health Department

Address: 800 South Brown Street, Springfield, TN 37172

Phone: 615-384-4504

Contact: Rachel Ellis, Director

Email: rachel.f.ellis@tn.gov

Services: Healthcare including child health, immunization, primary care, family planning, sexual transmitted disease control, WIC, nutrition, child dental program, tuberculosis control, CSS/HUGS, vital records, general environmental health.

Hours: 8:00 am – 4:30 pm M-F

Fee: Sliding scale

Robertson county WIC (Women's, Infant's and Children) Child Supplemental Nutrition Clinic

Address: 800 South Brown Street, Springfield, TN 37172

Phone: 615-384-4504

Contact: Jaimie Block (WIC Supervisor)

Email: Jaimie.block@tn.gov

Services Offered: Supplemental Nutrition, Immunization's, Nutrition, Child Fluoride, BAM (Baby and Me tobacco Free Program)

Hours: 8:00 am-4:30 pm M-F

Fee: Sliding Scale for Healthcare

Income Eligibility for Supplemental Nutrition Program

Robertson County Health Department - DENTAL CLINIC

Address: 800 South Brown Street, Springfield, TN 37172

Phone: 615-384-4504

Contact: Rachel Ellis, Director

Email: rachel.f.ellis@tn.gov

Services:

Hours: 8:00 am – 4:30 pm M-F

Fee: Sliding scale

SMILE ON 65 - Available through InterFaith Dental

Phone: 615-329-4790

Web: <https://interfaithdental.com/smile-on-60/>

Services: Preventive, emergent and basic restoration procedures and dentures covered, transportation assistance and case management for seniors age 60+. SMILE ON 65 is a statewide initiative with the goal of improving the overall health of low-income, mobile seniors age 65 through access to oral healthcare services and community education. All preventive, emergent, and basic restorative procedures and dentures are covered Education workshops are at no charge, and all attendants receive free oral hygiene kits Transportation assistance in the form of travel vouchers are available based on need Case Management, through Community Dental Health Coordinators (CDHCs) , is available to help seniors navigate available services and eliminate barriers to treatment

Eligibility: The client must be a minimum of 65 years old; be a Tennessee resident; have an income level below 200% poverty, and be dentally uninsured.

Fee: Income based.

Housing

Greater Faith Community Action Corporation

Address: PO Box 215, Springfield, TN 37172

Phone: 615-384-3730 - church

615-384-8682 – corporationF

615-944-7041 – intake
Web: <http://gfcaction.com/>
Contact: Robert Gardner, President – 615-430-2294
Services: Provides: Recovery Assessments, Case Management, Drug Testing, Recovery Skills, Relapse Prevention, Spiritual/Pastoral Support, Transitional Housing, and transportation.
Fees: See website for more information
Hours: 8:00 am – 5:00 pm M-F

Green Ridge Apartments

Address: 2055 Hwy 41 South, Greenbrier, TN 37073
Phone: 615-643-0320
Email: greenridge@hayescompanies.com
Services: Income Based Apartments
Hours: 8:00 am - 5:00 pm M-F

Holiday House Apartments

Address: 400 22nd Ave. East, Springfield, TN 37172
Phone: 615-384-5665
Email: holidayhousespringfield@rhimgmt.com
Web: <https://www.rhimgmt.com/springfield-tn>
Services: Holiday House of Springfield is an Income-Based Independent Living Community for Elderly (62+) and/or Persons with Disabilities. The building is comprised of 60 one Bedroom Apartments with microwave and refrigerator. The laundry facilities and salon are located on the second floor. We offer medical alert pendants with no monthly charge to tenants, full-time maintenance staff, and an onsite Resident Assistant for emergencies.
Hours: 8:00 AM – 1:00 PM Mon - Thurs.
Area Served: Robertson County
Other: Activity room.
Fees: Sliding scale.

McKendree Arbors

Address: 1103 5th Ave, West, Springfield, TN 37172
Phone: 615-212-0700
Web: <https://www.nationalchurchresidences.org/communities/mckendree-arbors-at-springfield/>
Services: McKendree Arbors at Springfield offers an affordable rental community for seniors age 62+. Handicap accessible community offers one-bedroom floor plans with many amenities offered.
Fees: Income based

Morningside of Springfield

Address: 205 Westgate Drive, Springfield, TN 37172
Phone: 615-384-7369
Email: sdwilliams2@5ssl.com

Web: www.fivestarseniorliving.com
Contact: Shannon Williams
Services: Assisted and independent living
Hours: 8:00 am – 5:00 pm M-F

My Father's House – Cold Weather Shelter

Phone: 615-992-1547
Location: 101 10th Avenue E., Springfield, TN 37172
Contact: mfhrobco@gmail.com
Services: Nightly Shelter is open from November-March
Fees: None.

Springfield Heights

Address: 2540 South Main Street, Springfield, TN 37172
Phone: 615-212-0300
Email: springfield@americareusa.net
Contact: Lucy Townsend, Administrator
Services: Assisted living
Hours: 8:00 am – 4:00 pm M-F

Springfield Housing Authority

Address: 808 Rose Hill Circle, Springfield, TN 37172
Phone: (615) 384-4591
Services: Public Housing, Emergency Shelter not provided. Applications required.
Hours: 9:00 am – 4:00 pm M-F

Woodland Street Apartments

Address: 415 22ND Ave. East, Springfield, TN 37172
Phone: 615-384-8898
Email: woodland@hayescompany.com
Contact: April Sisco, Director
Services: Income Based Apartments
Hours: 8:00 am – 5:00 pm M-F

Human Services

HUGS (Help Us Grow Successfully)

Address: 710 Hart Lane, Nashville, TN 37247
Phone: 615-650-7000
Services: The Help Us Grow Successfully program is a targeted case management program that provides home-based intervention services to pregnant/postpartum women, children birth through the age of five (5) years and their primary caregivers. Care coordinators form a unique and voluntary relationship with a family. Care coordinators screen for and identify potential problems, provide education, and connect families with resources in their communities. The HUGS program seeks to prevent or reduce risks as well as promote health and wellness.

Open Door Pregnancy Center

Address: 1109 S Main St. Springfield, TN 37172
Mailing address: P.O. Box 117, Springfield, TN 37172
Phone: 615-384-4673
Email: opendoorpc@gmail.com
Web: www.615-384hope.com
Contact: Shawn Elmore, Executive Director
Services: Crisis pregnancy resource center providing resources and parenting education – including Court/DCS.
Fees: None. Services are free and confidential.
Hours: 8:00 am – 4:00 pm Monday, 10:00 am – 6:00 pm Tuesday and Thursday, Closed Wednesday, 8:00 am – 2:00 pm Friday
Other: Donation funded/nonprofit. Offers baby products and parenting classes.

Tennessee Department of Human Services

Address: 809 S. Mabel Street, Springfield, TN 37172
Phone: 615-382-2402
Web: www.tn.gov/humanserv
Services: Adult protection services, Blind and Visually Impaired Services, Child Care Services, Families First, Supplemental Nutrition Assistance Program (formerly known as Food Stamps), Vocational Rehabilitation
Hours: 8:00 am – 4:30 pm M-F
Fee: None
Other: Referrals to additional services are made through several of our programs and include contracted services with other agencies, such as Family and Children services, Workforce Essentials and the Tennessee Technology Centers. We also informally provide information and referral to appropriate community agencies which may offer assistance to our clients.

TNKids Nutrition

Address: 1006 Pepper Street, Springfield, TN 37172
Phone: 615-973-7050
Email: TNKIDS@TNKids.org
Web: <https://www.tnkids.org/>
Contact: Donny King, Director
Services: Providing snacks and meals to at-risk children in after-school enrichment programs, delivering food through backpack programs, and providing meals when school is not in session. This program is partially federally funded. All programs offered: CACFP Home Sponsor; Summer Food Service Program; Backpack Attack Program; After School At-Risk Snack Program.

Family Focused Solutions (Family and Children's Services)

Phone: (615) 253-1694
Contact: Carolyn Parker
Email: Carolyn.parker@tn.gov

Website: <http://www.fcsnashville.org/programs/counseling>
Services: FFS Life Coaches assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties.
Fee: None for those receiving TANF (see above)

Laundry Love

Phone: (615) 780-2511
Email: laundrylovespringfieldtn@gmail.com
Services: Free laundry service for those in need provided by community volunteers and sponsors.
When: Held every third Friday of the month, first loads in at 8:00am last loads in at 11:00am.
Location: Sister's Coin Laundry, 2104 Memorial Blvd., Springfield, TN (in the Big Lots/Belk Plaza)

Law Enforcement

Coopertown Police Department

Address: 2525 Burgess Gower Rd, Springfield, TN 37172
Phone: Central Dispatch – 615-384-4911; non-emergency 615-382-7007 ext. 212
Website: http://www.coopertowntn.org/Police_Department/
Services: Law enforcement, crime prevention, community safety
Area Served: Coopertown City Limits

Cross Plains Police Department

Address: 7622 Hwy 25 East, Cross Plains, TN 37049
Phone: 615-654-2555
Services: Law enforcement, crime prevention, community safety
Area Served: Cross Plains City Limits

Greenbrier Police Department

Address: 790 West College St., Greenbrier, TN 37073
Phone: 615-643-4467
Contact: Dispatcher – 615-384-4911
Services: Law enforcement, crime prevention, community safety
Hours: 24/7
Website: <http://greenbriertn.org/police/police.html>
Area Served: Greenbrier City Limits

Millersville Police Department

Address: 1246 Louisville Hwy, Millersville, TN 37072
Phone: 615-859-2758 or 615-636-4035
Email: policechief@cityofmillersville.com
Services: Law enforcement, crime prevention, community safety
Hours: 24/7
Website: <http://www.cityofmillersville.com/department/index.php?structureid=21>
Area served: Millersville City Limits

Robertson County Sheriff's Office

Address: 507 South Brown Street, Springfield, TN 37172
Phone: 615-384-7971
Email: www.robertsonsheriff.com
Contact: Dispatchers – 615-384-4911
Services: Law enforcement, corrections, and court security
Hours: 24/7
Area Served: Robertson County

Springfield Police Department

Address: 802 South Willow Street, Springfield, TN 37172
Phone: 615-384-8422
Emergency dial 911
Web: www.springfield-tn.org
Contact: Dispatchers – 615-384-4911
Services: Law enforcement
Hours: 24/7
Area Served: Springfield City Limits

White House Police Department

Address: 303 N. Palmers Chapel Rd., White House, TN 37188
Phone: For all emergencies, dial 911
For non-emergency police service, call (615) 382-6863.
For administrative offices, call (615) 672-4903.
Web: <https://www.whitehousetn.gov/departments/police-department>
Services: Law enforcement; Services available during Administrative hours (7:15a-5:15p):
Fingerprinting, Requesting Reports from the Records Division, Purchasing of Reports,
Prescription Drug-Take Back
Hours: 24/7
Area Served: White House City Limits

Legal

District Attorney Office

Address: 502 South Main Street, Springfield, TN 37172
Phone: 615-382-2422
Web: www.tndagc.org
Hours: 8:00 AM – 4:30 PM M-F
Fees: Court Costs
Other: Victim witness coordinator for domestic violence

Legal Aid Society

Address: 109 South Third Street Clarksville, TN 37040
Phone: 931-552-6656
Web: www.las.org
Services: Legal assistance to people with low incomes

Hours: 8:30 AM – 4:30 PM Monday – Friday
Area Served: Robertson & Montgomery County
Fees: none, income based
Other: Employment, Family Violence, Housing, Health and Benefits cases, no criminal cases

Robertson County Community Corrections

Address: 112 7th Ave. West, Springfield, TN 37172
Phone: 615-384-7667
Services: Manage cases assigned by court
Hours: 9:00 AM – 4:00 PM Monday – Friday
Area Served: Robertson County

Also See:

[Children Services:](#)

CASA

***Morriss-Gregory Robertson County Child Advocacy Center
Robertson County Juvenile Court***

Mental Health Services

Anne Marie Bryant, L.P.C

Phone: 615-977-3938
Email: amarbryant937@gmail.com
Services: To treat anxiety, depression, relationship problems, trauma and stress. Counseling available for all ages and will treat individuals, couples, and families.
Virtual office and video counseling sessions only
Fees: Sliding fee and will work with various insurance companies for coverage regarding Online/Video counseling Sessions (HIPPA compliant)

Camelot

Address: 2233 Stokes Road, Suite A, Clarksville, TN 37043
Phone: 931-304-2555
Web: www.thecamelotdifference.com
Services: Offers home based services such as CCFT (Continuous Child and Family Treatment). Counselors come to the home several times a week to work with both children and their families. Counseling centers around; emotional or behavior problems, mental health issues, parenting skills, aggression or anger management, grief counseling, trauma or abuse counseling, and substance abuse. Case Management services are also available to assist with locating resources in the community. Seven Challenges Substance Abuse Program is offered to adolescents and young adults who are substance using or substance dependent individuals.
Fees: see website for more information
Hours: 8:30 am – 5:00 pm M-F

Center of Hope for Behavioral Health

Address: 803 Meadowlark Ln, Goodlettsville & 515 S Willow Street, Springfield
Phone: 615-756-4898

Email: info@centerofhopebh.org
Web: <https://centerofhopebh.org/>
Services: individual, couple, family, child/adolescent, and group counseling, case management, substance abuse services, and housing

Centerstone

Address: 713 Cheatham Street, Springfield, TN 37172
Phone: 615-463-6200 Initial appts: 877-467-3123 Crisis Hotline 1-800-681-7444
Web: www.centerstone.org
Services: Community mental health agency that provides, case management, intensive in home services, school based counseling, counseling services, and medication management.
Fees: see website for more information
Hours: 8:00 AM – 5:00 PM M-F (7:30AM by appointment only)

Christian Counseling Ministries of Robertson County

Address: 2443 US-41, Greenbrier, TN 37073
Phone: Matt Driscoll MA 615-598-3848
Leslie Thomas BA 615-681-2486
Cherilyn Wright PhD 615-686-8542
Contact: Matt Driscoll matthew.t.driscoll@gmail.com
Leslie Thomas WalkByFaithCounseling@yahoo.com
Cherilyn Wright APlacetoHeal.Isaiah58@gmail.com
Services: Christian-based counseling for Drug Addiction, Alcohol Addiction, Sexual Addiction, Marriage Counseling, Codependency, Life Issues, Grief, Pre-Marriage, Various Types of Trauma, Temperament Therapy, available to adults and children 7+

Family Focused Solutions (Family and Children's Services)

Phone: (615) 253-1694
Contact: Carolyn Parker
Email: Carolyn.parker@tn.gov
Website: <http://www.fcsnashville.org/programs/counseling>
Services: FFS Life Coaches assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties.
Fee: None for those receiving TANF (see above)

Health Connect America

Address: 116B Merchants Blvd, Clarksville, TN 37040
Phone: 931-933-7200
Web: www.healthconnectamerica.com
Contact: Desiree Griffin, Director
Services: In-Home Family Preservation, Intensive Outpatient Services, Outpatient Services, and health link services to families and children.
Fees: See website for more information

Hours: 9:00 AM – 5:00 PM M-F

Hermitage Hall

Address: 1220 8th Ave South, Nashville, TN 37203

Phone: 615-742-3000

Email: stephanie.livesay@uhsinc.com

Web: www.hermitagehall.com

Contact: Stephanie Livesay, LMSW
Service advocate
615-939-9936

Services: Hermitage Hall is a Residential Treatment Center specializing in serving children with histories of trauma, neglect, physical and sexual abuse and trauma-induced experiences.

Janet Wisemark, LCSW - Clinical Social Work/Therapist

Address: (Located in the Morriss-Gregory Robertson County Child Advocacy Center) 406 N Main St, Springfield, TN 37172

Phone: 615-545-7888

Services: Specialties include depression, trauma, PTSD and child/adolescent counseling.

Fees: Accepts most insurance plans. Sliding scale for payment is available.

KidLink Treatment Services

Address: 110 Westwood Pl, Brentwood, TN 37027

Phone: 877-454-3703 or 800-726-4032

Email: KTSreferral@uhsinc.com

Web: www.kidlinknetwork.com

Services: Provides residential treatment for children and adolescents with mental and behavioral health issues in the state of Tennessee as well as outside of Tennessee

Mental Health America of the MidSouth

Address: 446 Metroplex Drive, Suite A-224, Nashville, TN 37211

Phone: 615-269-5355

Web: www.mhamidsouth.org

Email: forinfo@mhamt.org

Services: This 75-year-old agency promotes mental health and wellness across Tennessee through education, advocacy, and service. Free programs include suicide prevention, Alzheimer's support, workplace wellness workshops, anti-bullying in schools, screenings, community education, and more.

Mental Health Cooperative

Address: 275 Cumberland Bend, Nashville, TN 37228

Phone: 615-726-3340

Web: www.mhc-tn.org

Services: Specialized Child and Adolescent Services including Case Management, Child Psychiatry, and Counseling/Therapy. Substance Abuse evaluation and support, Intensive in-home services and specialized pharmacy are also available. Specialized Transitional Services: helping 16 to 21-year-old prepare for the future.

Fees: See website for more information
Hours: 8:00 AM – 4:30 PM M-F

988 Suicide and Crisis Lifeline

Phone: 988
Services: National network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. 988 is available via phone, chat, and text.
Website: <https://988lifeline.org>

New Vision, Inc. – Relative Caregiver Program

Address: 5213 Linbar Drive, Suite 410, Nashville, TN 37211
Web: <https://www.kidcentraltn.com/article/relative-caregiver-program>
<http://www.newvisiontn.org/index.jsp>
Phone: 615-445-8711
Contact: Therese King
Services: Assists and supports informal placements where the child is cared for by grandparents, aunts, uncles and/or other extended family members.
Area Served: Mid-Cumberland Region

Ombudsman Program (For Children and Families)

Phone: 615-532-1572
Email: Gerald.Papica@tn.gov
Web: <https://www.tn.gov/content/tn/tccy/programs0/ombuds.html>
Contact: Gerald Papica, Program Director
Services: An external problem resolution mechanism for children in the custody of the Department of Children Services, relative caregiver program or Child Protective Services. Review of children in foster care, kinship care or CPS and make recommendations for improvement. Takes referrals and can access records from children, families, state workers and private agency staff to help resolve problems. Advocate and mediate for children and families.
Hours: 8:00 AM – 4:30 PM Monday – Friday
Area Served: All of Tennessee

Peace of Mind Counseling, PLLC

Address: 4520 Mt. Zion Rd., Springfield, TN 37172
Contact: Kendall Bryan
Email: kendallhawk@outlook.com
Phone: 615-714-2088
Services: Specializing in teen mental health and addiction issues.

Sheila Hoffman Counseling

Address: 3023 Hwy 31W White House, Tennessee 37188
Phone: 615-202-4504
Services: Works with clients 12 and older on anxiety, depression and family conflict
Fees: No insurance accepted, but a sliding scale for payment is available.

Stewart Mental Health

Address: 105 5th Ave. West, Suite 103, Springfield, TN 37172
Phone: 615-384-7111
Services: Psychology testing, psychotropic medication management and counseling.
Fees: See website for information
Hours: Monday, Tuesday, Thursday and Friday 8:00 AM – 6:00 PM

Systems of Care Across TN (SOCAT)

Address: TN Voices, 500 Professional Park Drive, Goodlettsville, TN 37072
Phone: 615-269-7751
Email: justin.owens@tnvoices.org
Website: <https://tnvoices.org/programs/system-of-care-across-tennessee/>
Services: Our staff currently provide high-fidelity Wraparound services to children, youth, young adults (0-21) and their families across the state of Tennessee.fn

Tennessee Suicide Prevention Network

Phone: 615-297-1077
Address: 1321 Murfreesboro Pike, Suite 155, Nashville, TN 37217
Website: www.tspn.org
Services: Connects individuals to suicide prevention trainings, events, and resources.

Unbridled Changes

Address: Montgomery Hollow Farm, 146 Montgomery Road, Goodlettsville, TN 37072
Phone: 615-543-5520 (intakes scheduled within 24 hours)
Website: www.unbridledchangestn.org
Email: info@unbridleschangestn.org
Contact: Dawn McCasland, MA, Professional Counselor, and EAGALA Certified Equine Specialist
Services: Child and adolescent disorders, Certified Autism Specialist, Individual, play and group therapy, School support, Psychological evaluations are available to diagnose autism/Asperger's, ADHD, and more. Equine Therapy for children with mental health issues using the EGALA method, which aims to develop improved behaviors.

Veterans Crisis Line – Suicide Prevention

Phone: Dial 1-800-273-8255 and Press 1 to talk to someone
Text: Send a text message to 838255 to connect with a VA responder
Web: Start a confidential online chat session at VeteransCrisisLine.net/Chat
Services: If you are a Service member or Veteran in crisis or you're concerned about one, there are specially trained responders ready to help you, 24 hours a day, 7 days a week, 365 days a year. The Veterans Crisis Line connects Service members and Veterans in crisis, as

well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service.

Youth Villages

Address: 3310 Perimeter Hill Drive, Nashville, TN 37211
Phone: 615-250-7200
Web: www.youthvillages.org
Services: Programs: Intercept Intensive In-home Services, Foster Care, Transitional Living, Adoption, and Specialized Crisis Services, and Mentoring
Fees: See website for information
Hours: 8:00 AM – 5:00 PM M-F

Poison

Tennessee Poison Center

Address: Vanderbilt Medical Center, Nashville, TN
Phone: 800-222-1222 (Poison hotline) or 615-936-0760 (Admin Offices)
Text POISON to 797979
Web: www.tnpoisoncenter.org
Services: Poison information
Hours: 24/7
Area Served: All of Tennessee

Parks & Recreation

Bell School Ball Field & Park

Address: 7617 Hwy 41N, Adams, TN 37010
Phone: (615) 483-4571
Web: <http://adamstennessee.net/local-government/departments/adams-recreation-club/>
Services: Playground, restrooms, basketball court, baseball and softball fields.

Garner Street Park

Address: 200 N Garner Street, Springfield, TN 37172
Phone: (615) 382-1655
Web: <https://springfieldtn.gov/195/Parks-Recreation>
Services: Playground, restrooms, tennis courts, tennis wall, pavilion for rental, Central Bark Dog Park, access to Springfield Greenway.

Greenbrier Lake Park & Playground

Address: 722 Main Street, Greenbrier, TN 37073
Services: Pavilion and access to Greenbrier Lake.

J. Travis Price Park

Address: 4155 Wilks Road, Springfield, TN 37172
Phone: (615) 382-1655
Web: <https://springfieldtn.gov/195/Parks-Recreation>
Services: Playgrounds, outdoor exercise equipment, restrooms, pavilions for rental,

baseball/softball fields, soccer field, basketball court, disc golf course, access to Springfield Greenway.

Kilgore Park

Address: 150 Kilgore Trace, Cross Plains, TN 37049

Phone: (615) 654-2555

Services: Playground, restrooms, pavilions for rental, baseball/softball fields, gravel walking trail.

Louise Martin City Park, Dick Strong Memorial Field

Address: 119 Park Court, Greenbrier, TN 37073

Phone: (615) 642-8611

Web: <https://greenbriertn.org/parks/parks.html>

Services: Playground, restrooms, baseball/softball fields, walking trail.

Martin Luther King Jr. Park

Address: 2623 S Main Street, Springfield, TN 37172

Phone: (615) 382-1655

Web: <https://springfieldtn.gov/195/Parks-Recreation>

Services: Playground [all-inclusive], pavilion, splash pad, restrooms, football field, padded outdoor running/walking track.

Pioneer Park

Address: 721 Cobb Street, Goodlettsville, TN 37072

Phone: (615) 859-0596

Web: <https://ridgetoptn.org/parks.html>

Services: Gazebo, volleyball/badminton net, basketball goal, walking trail, playground.

Ridgetop Station Park

Address: 1954 Woodruff Avenue, Ridgetop, TN 37152

Phone: (615) 859-0596

Web: <https://ridgetoptn.org/parks.html> and <https://rcmga.org/arboretum/>

Services: Playground, pavilions, Arboretum, restrooms, walking trail.

Springfield Greenway

Address: 4155 Wilks Road, Springfield, TN 37172 (additional access at Garner Street Park)

Phone: (615) 382-1655

Web: <https://springfieldtn.gov/Facilities/Facility/Details/Springfield-Greenway-14>

Services: 4 mile paved walking track.

Springfield Civic Center (The Center)

Address: 401 N Main Street, Springfield, TN 37172

Phone: (615) 382-1655

Web: <https://springfieldtn.gov/195/Parks-Recreation>

Services: Exercise equipment, restrooms, locker rooms, indoor walking track, basketball court, group fitness classes, youth and adult sports leagues.

Fees: Varies, age-dependent

White House Greenway

Address: 420 Hwy 76, White House, TN 37188 (additional access on Hwy 31-W near White House Animal Hospital - 2950 US-31W, White House, TN 37188)
Phone: (615) 672-4350
Web: <https://whparks.recdesk.com/Community/Home>
Services: 3.6 mile paved walking, biking, running track.

White House Municipal Park

Address: 420 Hwy 76, White House, TN 37188
Phone: (615) 672-4350
Web: <https://whparks.recdesk.com/Community/Home>
Services: Playgrounds, restrooms, basketball courts, baseball/softball fields, disc golf course for adults and children, tennis courts, volleyball/badminton (sand courts), pavilions, dog park, football field, walking trail with access to greenway trailhead.

Rehabilitation Services

H.A.T.S. (Habilitation and Training Services)

Address: 4859 Hwy 431 N., Springfield, TN 37172
Phone: 615-384-2571
Web: <http://www.hatstn.org/index.html>
Services: Adult day services, residential and case management, family support to allow those with severe disabilities to remain in their homes and communities, Rainbow Early Intervention Services for children 36 months and under with disabilities or developmental delays, job coaching and training programs for disabled adults.
Family Support Program: This program is a grant funded program in agreement with the State of TN. It is designed to assist individuals with severe, life-long mental or physical disabilities and their families to remain together in their homes and in their communities. It is intended for individuals who choose to live with their families or for those who reside in a community in an unsupported setting. Program is not income-based and does not interfere with disability or SSI income. Contact **Elaine Broyles** (615) 575-4119.
Hours: 8:00am – 4:00 PM Monday - Friday
Areas served: Robertson and Sumner Counties

Paradise Ranch

Address: 2822 Paradise Lane, Springfield, TN 37172
Phone: (615) 382-7256
Web: www.paradiseranch.org
Contact: To register - <http://paradiseranch.org/register/>
Services: Therapeutic riding is available for physically and mentally handicapped riders. Volunteers and certified instructors ensure that the riders have a safe, fun experience while also receiving valuable therapeutic care.

Redemption Ranch

Address: 5229 Jones Chapel Road, Cedar Hill, TN 37032
Phone: 502-706-1919
Email: RedemptionRanchTN@gmail.com
Web: www.redemptionranchtn.com
Contact: Hannah Corn
Services: Helping hurting children in the community through equine and agriculture learning. Connecting individuals with horses in a safe and peaceful environment to help heal, encourage, and offer hope that will empower them for a lifetime.

Senior Citizens

AgeWell Middle TN (formerly Council on Aging of Middle Tennessee)

Address: 95 White Bridge Pike # 250, Nashville, TN 37205
Phone: (615) 353-4235
Web: <https://agewelltn.org/>
Services: AgeWell champions informed and positive aging and serves as the area's catalyst for collaborative solutions. A Senior Services Directory is updated annually, link: <https://directory.agewelltn.org/s/>
Hours: 9:00 AM – 2:00 PM
Area Served: Middle Tennessee

Greater Nashville Regional Council

Address: 44 Vantage Way, Suite 450, Nashville, TN 37228
Phone: 615-255-1010
Web: www.gnrc.org
Services: Information and Assistance Hotline, Free, Unbiased Medicare Counseling, Long-term Care for Low-Income Seniors, Family Caregiver Support, Legal Aid and Conservatorship, In-home Living Assistance, Meal and Transportation Services
Hours: Monday - Friday 8 a.m. - 4:30 p.m.
Area Served: Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, and Wilson counties

Byrum-Porter Senior Center

Address: 9123 Highway 49 East, Orlinda, TN 37141
Phone: 615-654-3161
Email: bpsc@byrumporterseniorcenter.comcastbiz.net
Web: www.byrumporter.com
Contact: Sherri Link, Executive Director
Services: Senior activities for all types
Hours: Monday-Friday – 8:00AM – 4:00PM
Area Served: Robertson and Sumner County, Simpson County, KY

Long-Term Care Ombudsman - Tennessee Commission on Aging and Disability

Address: 502 Deaderick Street, 9th Floor, Nashville, TN 37243-0860
Contact: Quiteka Moten

Email: quiteka.moten@tn.gov
Phone: Tel: 615-253-5412
Fax: 615-741-3309
Toll Free: 877-236-0013
TDD: 615-532-3893
Web: <https://www.tn.gov/aging/our-programs/long-term-care-ombudsman.html>
Services: This program provides assistance to elderly Tennesseans residing in nursing homes, homes for the aged, and assisted care living facilities. The Ombudsman is available to help residents and their families resolve questions or problems and will advocate for solutions to problems for qualified residents of long-term care facilities.
When residents and families cannot resolve their problems through consultation with the facility staff or governmental agencies involved, they should contact their District Ombudsman. The Ombudsman works with many agencies and may be able to help resolve questions or concerns that involve state and federal agencies administering services to the elderly. Concerns can include quality of care, financial information, resident rights, admissions, transfer, and discharge. Also included are questions regarding nursing homes, homes for the aged, assisted care living facilities, Medicaid, and Medicare.
Area Served: Middle Tennessee

Mid-Cumberland Human Resource Agency - Meals on Wheels

Address: Located inside First Presbyterian Church, 200 W 5th Ave, Springfield, TN 37172
Phone: 615-382-7287 local office, Sharon McDaniel 615-595-1225 or 615-850-3910
Web: <http://www.mchra.com/meals-on-wheels/>
Services: Prepared meals for anyone age 60 and older who is homebound, or meets the needs as determined by state guidelines, is eligible. Seniors age 60 and older may also apply for congregation dining through their local Dining Site - *as of 9/2021 congregate dining not currently available in Robertson County.*
Fees: Fee scale determined after application.

Robertson County Senior Center

Address: 601 Locust Street, Springfield, TN 37172
Phone: 615-384-6367 or 615-384-2273
Email: cindy@rcseniorcenter.com
Contact: Cindy Farmer, Director
Services: Senior programs and activities, Elder Abuse Intervention
Hours: 9:00 AM – 3:30 PM
Area Served: Robertson County
Fees: \$20 per year suggested donation

SilverSneakers

SilverSneakers offers live online fitness classes and wellness workshops for eligible senior adults. If SilverSneakers is included in their Medicare Advantage Plan, they will automatically have access to all LIVE online classes and workshops.

<https://tools.silversneakers.com/Learn/Live>
<https://www.silversneakers.com/learn/classes/>

White House Senior Center

Address: 105 College Street, White House, TN 37188
Phone: 615-672-4350 Ext. 2116
Email: seniorcenter@cityofwhitehouse.com
Web: <http://www.cityofwhitehouse.com/government/senior-center>
Contact: Billie Hyndman
Services: Senior activities (55+) including Wednesday lunch, water aerobics, blood pressure checks on Wednesday, etc.
Hours: 8:00 AM – 4:00 PM M-Th
Lunch Fee: \$3.00
Fees: None
Other: Monthly newsletter available by completing application. Participants only pay for activities that are participating in. Such as lunch, outings for dinner, etc.

YMCA of the USA

Active Older Adults pre-recorded exercise videos available for free:
<https://www.ymca.net/your-y-at-home-for-active-older-adults>

See Also: [Housing](#) Morningside of Springfield, Springfield Heights, Holiday House

Support Groups

Alcoholics Anonymous (AA)

Services: An AA Meeting is a program where alcoholics and people who struggle with addiction gather for one hour to share their experience, strength, and hope. AA Members who attend an AA meeting will share their experience getting sober through their personal anecdotes with anyone looking to get sober. There is no religious, social or economic association for membership, just the desire to stop drinking, and live a fulfilling existence without alcohol.

Schedule: Tuesday at 7:00pm, Christ Church North, 2732 Hwy 31 W, White House, TN 37188
Wednesday at 7:00pm, Covenant Confirmers, 300 10th Ave E., Springfield, TN 37172
Thursday at 7:00pm, Christ Church North, 2732 Hwy 31 W, White House, TN 37188
Friday at 7:00pm, First Presbyterian Church, 200 5th Ave W., Springfield, TN 37172
Saturday at 10:00 AM and 7:00PM, 200 5th Avenue West, Springfield, TN 37172
Sunday at 10:00 AM, 200 5th Avenue West, Springfield, TN 37172
Sunday at 7:00PM at Christ Church North, 2732 Hwy 31 W, White House, TN 37188

Caregiver Support - Mental Health America of the MidSouth

Address: 446 Metroplex Drive, Suite A-224, Nashville, TN 37211
Phone: Office:615-269-5355 Office; Direct:615-434-2710
Web: <https://www.mhamt.org/>
Contact: Lynn Wood, Caregiver Support Coordinator
Email: lwood@mhamidsouth.org
Services: Mental Health First Aid for Older Adults, Caregiver Support Group, "Joining the

Journey...Preparing Alzheimer's Caregivers", "Caregiver Conversations",
"Communicating
Effectively with Health Care Professionals".

Celebrate Recovery (CR)

Address: (See schedule for location)
Phone: 615-598-3848
Email: matthew.t.driscoll@gmail.com
Contact: Matt Driscoll
Services: Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind.
Hours: 6:30pm
Schedule: Monday: Long Hollow Baptist Church, 3031 Long Hollow Pike, Hendersonville, TN 37075
Tuesday: Epiphany Baptist Church, 211 W. 1st Avenue, Springfield, TN 37172
Thursday: Temple Baptist Church, 117 Marlin Rd, White House, TN 37188

Covenant Confirmers Ministry - Support Group Schedule

Address: 300 10th Avenue E., Springfield, TN 37172
Phone: 615-384-9010
Services: Recovery & Restore - Mondays at 7:00 pm
Narcotics Anonymous - Wednesdays at 7:00 pm
Recovery Clubhouse (offers pool tables, big screen TV, tables, chairs, sofas, card games and free coffee in a safe environment) - Saturdays 6:00-10:00 pm

Robertson County Recovery Meetings

Monday	<p>Recovery & Restore (R/R): Every <i>Monday @</i> 7:00PM at Covenant Confirmers Ministries Inc.300 10th Ave. East, Springfield, TN 37172</p> <p>Celebrate Recovery (CR): Every Monday 6:30 PM at Long Hollow Baptist Church, 2021 Long Hollow Pike, Hendersonville, Tn 37075</p> <p>NAMI support Meeting-(first Monday of each month) at 6:30 PM at Tri Star North Crest Medical Center Ground Floor Conference room 100 North Crest Dr. Springfield, TN 37172</p>
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<p>Tuesday</p>	<p>Overcomer's: Every <i>Tuesday</i> @ 6:30PM at City of Faith, 1001 Goldcrest Drive, Springfield, TN 37172</p> <p>Alcoholic Anonymous (AA): Every <i>Tuesday</i> @ 7:00PM at Christ Church North 2732 Hwy 31 W, White House, TN 37188</p> <p>Celebrate Recovery (CR): Every <i>Tuesday</i> @ 6:30 PM at Epiphany Baptist Church, 211 W. 1st Avenue, Springfield, TN 37172</p> <p>Parents of Addicted Loved Ones (PAL) 6:30 PM at Springfield Baptist Church, 400 N. Main Street, Springfield, TN</p> <p>Restoring Hope: Every Tuesday @ 6:00pm at Hope Apostolic Church, 4186 Dot Rd Springfield, TN 37172</p> <p>NAMI Support Meeting-Second Tuesday of each month at 1:00 PM at Stokes Brown Library 405 White St-Springfield, TN 37172</p>
<p>Wednesday</p>	<p>Narcotics Anonymous (N/A): Every <i>Wednesday</i> @ 7:00PM at Covenant Confirmers Ministries Inc. 300 10th Ave. East, Springfield, TN 37172</p> <p>Journey 2 Recovery: 7:00 PM at South Haven Baptist Church 116 Academy Dr., Springfield, TN 37172</p> <p>Alcoholic Anonymous (AA): Every <i>Wednesday</i>@7:00 PM at Covenant Confirmers Ministries Inc. 300 10th Ave. East, Springfield, TN 37172</p>
<p>Thursday</p>	<p>Celebrate Recovery (CR): Every <i>Thursday</i> @ 6:30PM at Temple Baptist Church 117 Marlin Road, White House, TN 37188</p> <p>Alcoholic Anonymous (AA): Every <i>Thursday</i> @ 7:00PM at Christ Church North 2732 Hwy 31 W, White House, TN 37188</p> <p>NAMI Virtual Meeting- Second Thursday of each month at 6:30 PM go to nami4robertsoncounty@gmail.com to register</p>
<p>Friday</p>	<p>Alcoholic Anonymous (AA): Every <i>Friday</i> @ 7:00PM, 200 5th Avenue West, Springfield, TN 37172 or call 1-866-920-0628</p> <p>Al-Anon: Every Friday at 6:00 PM at First Presbyterian Church, 205 5th Avenue W, Springfield, TN 37172 or call 615-347-6905</p>

<p>Saturday</p>	<p>Overcomer's: Every Saturday @ 9:00AM at City of Faith, 1001 Goldcrest Drive, Springfield, TN 37172</p> <p>Alcoholic Anonymous (AA): Every Saturday @ 10:00 AM and 7:00PM 200 5th Avenue West, Springfield, TN 37172 or call 1-866-920-0628</p>
<p>Sunday</p>	<p>Alcoholic Anonymous (AA): Every Sunday @ 10:00 AM 200 5th Avenue West, Springfield, TN 37172 or call 1-866-920-0628</p> <p>Alcoholic Anonymous (AA): Every Sunday @ 7:00PM at Christ Church North 2732 Hwy 31 W, White House, TN 37188</p>

E-Recovery Support Communities and Programs

- Faces & Voices of Recovery's Guide to Mutual Aid Resources: A compendium of recovery support programs and communities—many of which now offer virtual meetings and resources. <https://facesandvoicesofrecovery.org/resources/mutual-aid-resources/>
- Online Intergroup of Alcoholics Anonymous: Hosts a directory of online meetings featuring 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7. <https://aa-intergroup.org>
- 12StepMe.org: Chat/meeting group of Alcoholics Anonymous (AA). This website has no affiliation—implied or actual—to any organization, including AA—meetings are conducted by an AA group that is registered with the Online Intergroup of AA. <https://12stepme.org>
- SMART Recovery Online (SROL): Online community where individuals with addiction, their family and friends, and other specialized audiences can interact with SMART (Self-Management and Recovery Training) volunteers and each other to aid in overcoming addiction. <http://www.smartrecovery.org/srol-2>
- In The Rooms (ITR) Online Communities and Meetings: ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://bit.ly/2IPozjs>

Emotional Anonymous-<https://emotionsanonymous.org/>

NAMI Davidson- <https://namidavidson.org/support-groups/support-groups/>

TN Redline -1-800-889-9789-Referral resources

Examples of Mobile Recovery Communities

Consider sharing this list of mobile apps that nurture and sustain virtual recovery communities through 24-hour connections. Many of them are free and offer peer-coaching support (which may incur a fee). Examples include:

- **Sober Grid:** www.sobergrid.com
- **R/Tribe:** www.rtribe.org
- **WEconnect:** www.weconnectrecovery.com
- **Nomo (*It's Time to say No More!*):** <https://saynomo.com>

NAMI (National Alliance on Mental Illness) - ROBERTSON COUNTY GROUP

Address: TriStar NorthCrest Medical Center, 100 NorthCrest Drive, Springfield, TN

Contact: Amy Lawrence

Phone: 931-980-5019

Email: nami4robertsoncounty@gmail.com

Services: The NAMI Support Group is a FREE 90-minute recovery support group helping family members, friends, and people with mental health conditions come together for support by sharing our experiences in a safe and confidential setting. Together we gain HOPE,

understanding and feel a sense of connection.

Schedule: Monday: First Monday of each month at 6:30pm in the Ground Floor Conference room at TriStar NorthCrest Medical Center
Tuesday: Second Tuesday of each month at 1:00 pm at the Stokes Brown Library
Thursday: Second Thursday of each month at 6:30 pm; register at nami4robertsoncounty@gmail.com

Transportation

Go Go Grandparent

Phone: 1 (855) 464-6872
Web: www.gogograndparent.com
Service: Your agent for affordable rides.

Mid-Cumberland Regional Transit System

Address: 408 N Willow Street, Springfield, TN 37172
Phone: 615-384-9335
Web: www.mchratransit.org
Fees: One way in city: \$2.00, One way in county: \$3.00, Additional stop on scheduled route: \$1.00, Each county line crossed: \$5.00, Flat rates to Nashville (one way): \$10.00-\$15.00
To schedule a ride, call 1-800-945-4125

Robertson County Non-Emergency EMS

Address: 1305 Hill Street, Springfield, TN 37172
Phone: 615-384-2186 (Call for pricing)
Web: www.robertsoncountyttn.org
Services: Non-emergency ambulatory services or wheelchair van services for pickups. Pickups must be pre-approved by insurance.
Hours: 9:00 AM – 7:00 PM Monday – Friday
Area Served: Robertson County

Veterans

Robertson County Veterans Service Officer

Address: 505 S. Brown St. Springfield, TN 37172
Phone: 615-382-6506
Email: twilson@greenbriertn.org
Contact: Terry Wilson
Services: VA, Widow and Death Benefits and GI Bill
Hours: Monday-Friday from 8am-4:30pm
Area Served: Robertson County

Supportive Services for Veteran Families (SSVF)

TN phone: 615-460-4385
KY phone: 270-282-0121
Web: www.ssvfonline.org

Contact: Ron Georgette
Phone: 615-426-2126

Veterans Affairs – Tennessee Valley Healthcare System

Address: 1310 24th Ave. South, Nashville, TN 37212
Phone: 615-327-4751
Web: www.va.gov
Contact: Social Worker
Services: Medical, AED, Homeless and Social Work
Hours: 8:00 AM – 4:30 PM Monday – Friday
Area Served: Nationwide

Veterans Crisis Line – Suicide Prevention

Phone: Dial 1-800-273-8255 and Press 1 to talk to someone
Text: Send a text message to 838255 to connect with a VA responder
Web: Start a confidential online chat session at VeteransCrisisLine.net/Chat
Services: If you are a Service member or Veteran in crisis or you're concerned about one, there are specially trained responders ready to help you, 24 hours a day, 7 days a week, 365 days a year.

Youth

Bransford Pride After School Program

Address: 700 Bransford Drive, Springfield
Phone: 615-585-5739
Contact: Carolyn Woodard
Services: After school educational program offering tutoring, enrichment and snacks for children in grades K-5. Bus transportation.
Hours: After school – 5:00 PM Monday – Friday. Follows school schedule.

Coopertown Elementary – Eagle's Town After School Program

Address: 3746 Hwy 49 W, Springfield, TN 37172
Phone: 615-382-0920
Services: After school program for elementary age children.
Hours: 2:25 – 6:00 PM Monday – Friday. Follows school schedule.

Crestview Elementary – Explorers After School Program

Address: 1160 Jaden Gavin Road, Springfield, TN 37172
Phone: 615-382-2222
Services: After school program for elementary age children.
Hours: After school Monday – Friday. Follows school schedule.

Greenbrier Elementary – Bobcat Buddies Before and After School Program

Address: 2658 US-41, Greenbrier, TN 37073
Phone: 615-643-4529 / 615-643-1724
Email: patrice.townsend@rcstn.net
Contact: Patrice Townsend
Services: Before and After school program for elementary age children. Includes snack,

homework help, and enrichment.

Hours: 6:00-6:55am / 2:25-6:00pm Monday – Friday. Follows school schedule.

SMS UT Extension After School Program

Address: 715 5th Avenue, Springfield

Email: smsafterschool@utk.edu

Contact: Clarissa Gardner

Services: After school educational program offering tutoring, enrichment and snacks for children in grades 6-8 at Springfield Middle School.

Hours: Before school and After school 3:30– 5:00 PM Monday – Friday. Follows school schedule.

UT Extension Robertson County

Address: 408 North Main Street, Springfield, TN 37172

Phone: (615) 384-7936

Web: www.robertson.tennessee.edu

Contact: Timmy Mann, Extension Agent/Youth tmann1@utk.edu

Samantha Teets, Extension Agent/Youth samknigh@utk.edu

Lauren Patterson, County Director & Extension Agent/ Family and Consumer Sciences
lpatte20@utk.edu

Elizabeth Graves, Program Assistant eliggrav@utk.edu

Bob Ary, Horticulture Program Assistant bobary@utk.edu

Services: Education: 4-H youth development, family and consumer science including parenting, health, financial, and nutrition, agriculture and horticultural education/program. Family and community education club program, Master gardeners program.

Fees: Many are free, some programs are fee-based

Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Watauga Elementary – Ridgetopper After School Program

Address: 1755 Lake Road, Ridgetop, TN 37152

Phone: 615-859-5252

Email: misty.reese@rcstn.net

Contact: Misty Reese

Services: After school program for elementary age children.

Hours: After school Monday – Friday. Follows school schedule.

White House Heritage Elementary School – Patriot Friends Before and After School Program

Address: 220 West Drive, White House, TN 37188

Phone: 615-672-4682

Email: rhonda.blythe@rcstn.net

Contact: Rhonda Blythe

Services: Before and After school program for elementary age children.

Hours: 6:00-7:00am / 2:30-6:00pm Monday – Friday. Follows school schedule.

YMCA – YCAP Program

Address: 3332 Tom Austin Highway, Springfield, TN 37172

Phone: 615-382-9622

Email: robertsonycap@ymcamidtn.org

Web: <http://www.ymcamidtn.org/programs/robertson-county-y-cap>

Services: Leadership development and outreach program for youth in middle school; after-school

and summer camp services
Area Served: Robertson County
Other: Faith based program that includes the whole family

Essential Numbers

- ☒ In the case of an Emergency call 911
- ☒ 2-1-1 Helpline: Dial “211”, call 800-318-9335, or text your zip code to “898-211”
- ☒ Adams Fire Department- 615-696-2593
- ☒ Central Dispatch- 615-384-4911
- ☒ Pleasant View Volunteer Fire Department (covers Coopertown area) – 615-746-8528
- ☒ Coopertown Police Department- 615-382-4470
- ☒ Cross Plains Fire Department- 615-654-2555 (City of Cross Plains)
- ☒ Cross Plains Police Department- 615-654-2555 (City of Cross Plains)
- ☒ Emergency Medical Services (EMS) 615-384-2186
- ☒ Greenbrier Fire Department- 615-643-4361
- ☒ Greenbrier Police Department- 615-643-4467
- ☒ NorthCrest Medical Center- 615-384-2411
- ☒ Poison Control- 1-800-222-1222
- ☒ Ridgetop Fire Department- 615-859-0596
- ☒ Robertson County Sheriff’s Office- 615-384-7971
- ☒ Robertson County Crisis Line – 877-652-3069
- ☒ Springfield Fire Department- 615-384-4381
- ☒ Springfield Police Department- 615-384-8422
- ☒ Tennessee Highway Patrol- 615-741-2060 (District dispatch)
- ☒ White House Fire Department- 615-672-5338
- ☒ White House Police Department- 615-672-4903